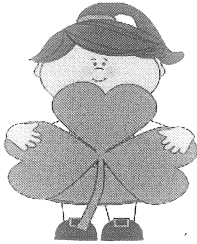
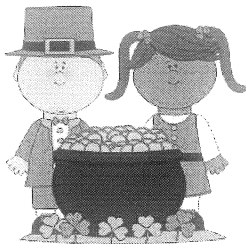
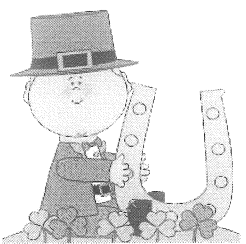

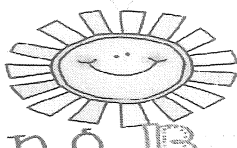




Nadaburg Unified School District

Breakfast & Lunch Menu

March 2018

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
|  <p>Frosted Flakes Bkfst Kit w/ Small Apple, Milk</p> <p>Bean Burrito Bowl w/ WG Tortilla Chips Meatball Sub Chef Salad w/ WG Breadstick</p> <p>Fresh Fruit & Vegetable Bar Milk 5</p> |  <p>Strawberry Mini Pancake Applesauce, Milk</p> <p>WG Cheese Pizza Thai Turkey Wrap</p> <p>Fresh Fruit & Vegetable Bar Milk 6</p> |  <p>WG Banana Bread Applesauce, Milk</p> <p>WG Grilled Cheese w/ Potato Wedges PBJ w/ Cheese Stick Ham & Cheese Wrap</p> <p>Fresh Fruit & Vegetable Bar Milk 7</p> | <p>Maple Mini Waffle Applesauce, Milk</p> <p>Chicken Quesadilla w/ Corn Beef Soft Taco Veggie Wrap</p> <p>Fresh Fruit & Vegetable Bar Milk 8</p> |  <p>Banana Choco Chunk Bar Applesauce, Milk</p> <p>Beef Soft Taco w/ Corn Hamburger w/ Fries Italian Sub Sandwich</p> <p>Fresh Fruit & Vegetable Bar Milk 9</p> |
|  <p>Spring Break!</p> | | | | |
| <p>12</p> <p>Trix Cereal Breakfast Kit w/ Small Apple, Milk</p> <p>Orange Chicken w/ WG Egg Roll & WG Rice Mini Corn Dogs /w Potato Wedges Chef Salad w/ WG Breadstick</p> <p>Fresh Fruit & Vegetable Bar Milk 19</p> | <p>13</p> <p>WG Breakfast Pizza w/ Applesauce, Milk</p> <p>PBJ Sandwich w/ Cheese Stick Nacho Supreme Thai Turkey Wrap</p> <p>Fresh Fruit & Vegetable Bar Milk 20</p> | <p>14</p> <p>WG French Toast w/ Applesauce, Milk</p> <p>Mesquite Chicken Drumstick w/ Green Beans Sloppy Joe w/ Potato Wedges Chef Salad w/ WG Breadstick</p> <p>Fresh Fruit & Vegetable Bar Milk 21</p> | <p>15</p> <p>Sweet Potato Choco Chip Muffin Top w/ Lg Apple, Milk</p> <p>Spaghetti w/ Meat Sauce, WW Roll Hamburger w/ Potato Wedges CA Club Turkey Wrap</p> <p>Fresh Fruit & Vegetable Bar Milk 22</p> |  <p>15</p> |
| <p>25</p> <p>R5 Fruit Loops Bkfst Kit w/ Small Apple, Milk</p> <p>Chicken Bowl w/ Mashed Potatoes & Shredded Cheese Meatball Sub Ham & Cheese Wrap</p> <p>Fresh Fruit & Vegetable Bar Milk 26</p> | <p>27</p> <p>Bagelful w/ Applesauce, Milk</p> <p>WG Cheese Pizza Chef Salad w/ WG Breadstick</p> <p>Fresh Fruit & Vegetable Bar Milk 27</p> | <p>28</p> <p>WG Cherry Frudel w/ Applesauce, Milk</p> <p>Hamburger w/ Potato Wedges Taco Salad CA Club Turkey Wrap</p> <p>Fresh Fruit & Vegetable Bar Milk 28</p> | <p>29</p> <p>WG Cinnamon Breakfast Round</p> <p>Salisbury Steak w/ Mashed Potatoes, Gravy, WW Roll Mac & Cheese w/ Chicken Nugget Chef Salad w/ WG Breadstick</p> <p>Fresh Fruit & Vegetable Bar Milk 29</p> |  <p>23</p> <p>Charge Policy: Students will be provided a cheese sandwich, fruit, and milk after three negative charges.</p> |

Elementary Breakfast Includes:

Choice of Hot Entrée or Cereal
Fruit and or 100% Fruit Juice,
1 % White or FF Chocolate Milk

Meal Price: \$1.00

Reduced Price: \$.30

Milk Carton: \$.25



Nutrition Information: Cycle Week 1: Calories 2553, Sodium 3625 mg, Meat/Meat Alt 7, Grain/Bread 6.5; Cycle Week 2: Calories 2598, Sodium 3629 mg, Meat/Meat Alt 7, Grain/Bread 6.75; Cycle Week 3: Calories 2547, Sodium, 3349 mg, Meat/Meat Alt 7.5, Grain/Bread 6.5; Cycle Week 4: Calories 2585, Sodium 3453 mg, Meat/MA 8, Grain/Bread 6.5; Cycle Week 5: Calories 2579, Sodium 3705, Meat/Meat Alt 7.5, Grain/Bread 6.5; Cycle Week 6: Calories 2579, Sodium 3291, Meat/Meat Alt 7, Grain/Bread 6.75

Elementary Lunch Includes:

Choice of Hot Entrée & 1 Cold Entrée
Fruit & Vegetable Bar (Minimum 5 choices)
1 % White or FF Chocolate Milk

Meal Price: \$2.65

Reduced Price: \$.40

Milk Carton: \$.25

